

Dear Community Resilience Group/Community Council

I hope you have all had a good week. This week's briefing is contained in the email below.

This is accompanied by a stakeholder briefing from NHS Highland which is attached.

The main information to share this week is regarding covid update, community testing and a workshop in food insecurity being run by Nourish.

Covid Update

Over the last 7 days there have been 41 new positive cases in Highland (to 10th June), a fall from the 89 reported last week. This means the latest rate per 100,000 has decreased from 37.7 per 100,000 last week to 17.4 per 100,000 as of 8th June. This still reflects an increase in cases around the Fort William and Aviemore areas but that the number of cases in these communities is falling.

These recent increases do highlight the need to remain vigilant and to stick to the FACTS – Face Coverings, Avoid Crows, Clean Hands, Two Metres, Self Isolate.

Community Testing 15 June - 18 June

For groups in Nairn, the community testing unit will be at the Links car park, Cumming Street on the following days and times:

- Tue 15 – Friday 18 June 9.30 to 16.30.

For groups in Inverness, the community testing unit will be at the Highland Council Headquarters car park, Glenurquhart Road on the following days and times:

- Wednesday 16 June 9:30am-4:30pm
- Thursday 17 June 9:30am-4:30pm
- Friday 18 June 9:30am-1pm

The community testing programme offers rapid COVID-19 tests for people without symptoms. Just to emphasise that there is no outbreak in Nairn and Inverness but this is to support normalising testing across the area.

No appointment is necessary and it will be open both for asymptomatic testing and to collect LFD test kits.

I would appreciate it if you could encourage people across your networks to attend.

Dignity & the Right to Food: Responding to Food Insecurity

Nourish are running a workshop on responding to food insecurity. It focuses specifically on dignity, the human right to food and a food systems framework that can support sustainable solutions to food insecurity.

The workshop will:

- Further understanding of the link between dignity and the right to food
- Hear about case studies where dignity and the right to food have been put in practice
- Reflect on how someone involved in community food provision or decision-making can help develop more sustainable solutions to food insecurity founded on dignity and the right to food.

It is aimed at individuals:

- Involved in community food provision as a community member, volunteer, and / or worker?
- Involved in local-level decision-making?
- Involved in some part of the food system and are interested to find out more about sustainable responses to food insecurity?

For further details and to register please go to: <https://www.eventbrite.co.uk/e/dignity-the-right-to-food-responding-to-food-insecurity-tickets-157615236415>

Thank you for everything that you are doing in your communities

Best wishes

Alison

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